



August 9, 2024

## The Weekender

### CPR/AED/Choking Training Session

Rev. Allyson Lawrence

We all know in theory that it is a good idea to be trained in CPR. We know it's a good idea; but are we actually trained in it? Do you really know what to do if you needed to know what to do?

I hope so, but if not, you can.

First, a little vocabulary in case you forgot what these abbreviations mean.

- CPR (cardiopulmonary resuscitation) is the process of helping a person when their breathing or their heartbeat has stopped.
- An AED, also known as an automated external defibrillator, is a device that applies an electric charge or current to the heart to restore a normal heartbeat.

If the heart rhythm stops due to cardiac arrest, CPR and/or a defibrillator may help it start beating again.

The Trustees of FFUMC, recognizing the lifesaving importance of having proper equipment and training, have recently updated our emergency response devices and have orchestrated a CPR and AED training session with the Fayette County Fire Marshal's Office.

Please plan to join us for a light dinner at 5 p.m. and CPR/AED/Choking training session at 5:30 p.m. on **Wednesday, August 28**, in the Fellowship Hall. There is no charge for the class.



All are welcome to participate in this valuable training. If you usher, participate in small groups, attend Sunday school or worship, play Pickleball or other sports, sing in the choir, are part of UMM or United Women in Faith, Adults in Action, preschool, youth, children's ministries, VBS....well, basically... everyone. Just everyone should come.

**[Please RSVP here](#) or contact the church office.** The evening's menu will be determined soon. We are sorry to not be able to accommodate special dietary needs for this particular meal. However, please feel free to bring your own dinner as we share the table together.



### 12TH SUNDAY AFTER PENTECOST

**8:45 AM (Chapel) 11:00 AM (Sanctuary & Online)**

[Online link active at 11 AM and after](#)

John 6:41-51; I Kings 19:4-8

"The Miraculous Power of a Nap and a Snack"

Rev. Kaylen Short

## CURRENT NEWS

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### We're getting closer to our goal! \$76,020.00 toward match

A new development in the Capital Campaign presents an opportunity to avoid ANY construction loan.

**NEW:** \$100,000 matching gift from anonymous donor

**NEEDED:** \$160,000 to match gift and complete final piece

**COMPLETED:** \$823,217 from contributions and reserves before this challenge

The challenge continues through September 15. Contribution envelopes are available in the Narthex and church office or you may mark your donation as "Capital Campaign" in any giving format.

**UPDATE:** We have collected **\$76,020.00** toward the \$100,000 challenge. That leaves us **\$23,960** away from the full match, and **\$83,980** away from a 100% funded campaign! Keep up the amazing work!



### Rise Against Hunger: What's so great about this?

Children and families around the world benefit from Rise Against Hunger, a global movement that seeks to end world hunger by empowering communities, nourishing lives, and responding to emergencies. What's so great about our part in the process?

We will pack 30,000 highly nutritious, dehydrated meals for use in crisis areas or school feeding programs around the world. For many this one meal at school or following a disaster is the only one they can rely on each day.

Other Rise Against Hunger programs focus on sustainable agriculture practices to maximize food output.

### Let us know you're coming!

**August 18, 2024 1 - 3 PM Pack 30,000 meals in 2 hours**

**Invite friends, groups, neighbors ...** all hands appreciated and needed! Fill up a table with people you know or want to get to know better as you do a fun activity that helps others.

[Register here and let us know you're coming.](#)

Please note: To simplify the event and registration, a churchwide lunch will not be offered this year. The Fellowship Hall will be open following the 11 AM service if you would like to bring a lunch.





*Choirs for our young  
singers have expanded.*

*All in our community  
are invited to*

*Fayette Young Singers*

*Fayette Junior Choir*

*Fayette Cherub Choir*

## **Fayette Choirs are coming your way September 4**

Have you been looking for choirs for young singers in Fayette County? They're coming to Fayetteville First UMC beginning September 4!

Each Wednesday evening from 5:30 to 6:30 PM three distinct choirs will be lifting voices in expression of faith, encouragement, and beauty in our world. With each group offering age-specific learning, skill development, and musical repertoire, all children and young youth singers will have access to quality instruction and musical development. Plan to join in ... and invite friends and neighbors!

### **Fayette Young Singers - Director: Nick Bowden**

4th grade through voice change

This new choir which welcomes older young singers will concentrate on sight singing, learning to read notes, team building and leadership skills.

[Contact Nick Bowden for more information.](#)

### **Fayette Junior choir - Director: Joan Aycock**

1st - 3rd grade

Students will explore a variety of musical experiences as we learn more about faith and the art of singing and music theory. We'll fill our "Suitcase of Songs" with quality music that will go with us through life. In addition to repertoire, students will learn and practice music notation, sight reading, tuned vowels and more as we have fun together with games from the Kodaly approach and fast-paced practice. We will sing in worship and take two field trips to share songs. [Contact Joan Aycock for more information.](#)

### **Fayette Cherub Choir - Director: Anna Mayhew**

4 years - Kindergarten

Our youngest choir will start singing right away as they learn foundational songs. Guided introduction to learning rhythm, internalizing the steady beat, and knowing the musical alphabet and beginning notation will give students important basics for building skills and enjoying music. This group will sing in worship throughout the year. Contact Joan Aycock for more information.

Nick, Joan, and Anna are excited to start this musical adventure with you on Wednesday, September 4. Register by contacting Nick or Joan or calling the church office.

## **Fayette Ringers invites you!**

Fayette Ringers, the new name for the Fayetteville First Handbell Choir, is welcoming new bell ringers! You are invited to join this fun, friendly group of musicians who enjoy coming together to make music for the glory of God.

The group meets on Thursdays, beginning September 12 from 5:30 PM to 6:30 PM. We play for services about once a month. Musical experience is not required, but is very helpful. Youth are encouraged to join with us as well as adults of any age. If you are interested in playing bells with us, contact Judy Hames or call the church office.





## Save your old towels

Don't discard your old towels — save them to help us stage Nativities from Around the World, Wendy Hayman's spectacular collection of 500+ nativities. Whatever color or size, and no matter how ragged, please **put your old towels aside until November** when the Season of the Nativity team will collect them. FFUMC will host the exhibit from December 4 through 7.



## New session begins Monday, August 19

GriefShare is a program where caring individuals walk with others through the journey of grief. Facilitated by Carol and Bill Webb, classes meet Mondays August 19 through November 18 from 10 AM to 12 PM in Room B350. All are welcome. For more information on the program or to sign up, contact the Webbs at 404-234-1056 or visit [GriefShare.org](http://GriefShare.org).



## Help another homeowner be our new Church Street neighbor!

Sign up for upcoming Square Foot Ministry Volunteer Days

Square Foot Ministry is building another house next to Parking Lot A on Church Street, this time for Sara Brandao. Painting has begun and final details will begin soon. All skill levels are needed and "many hands make light work." Go to the easy sign up to let us know you're coming at [www.squarefootministry.org/volunteer](http://www.squarefootministry.org/volunteer) and also sign the build waiver. If you would like to donate to the build for this great family, please go to [www.squarefootministry.org/donate](http://www.squarefootministry.org/donate). Questions? Contact Tim Aycock.

*Square Foot volunteers: Tim Aycock and Judy Reynolds invite you to help!*



## Bible Study for Caregivers, Special Needs Ministry

Join Jami Maguire, Director of Special Needs Ministry, and other members of the special needs community to share God's word and life concerns over coffee and muffins. Six sessions on the theme *The Rest of the Story* are scheduled for Fridays from 9:15 AM to 11 AM at Fayetteville First UMC in The Foundry, Room C280.

September 5, 13, 20, 27 and October 4, 11

Contact Jami for more information at [jmaguire@fayettevillefirst.com](mailto:jmaguire@fayettevillefirst.com).

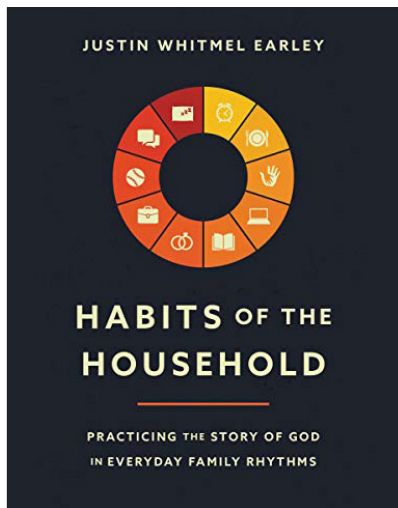


## Pantry needs from Fayette Samaritans

Donations are one way to help those with food insecurity and other needs. Food and clothing donations may be placed in the hallway cart near the gym or dropped by the church office.

**Most Needed List:** *Canned Green Peas, Canned Black-Eyed Peas, Canned Pinto Beans, Boxed Mashed Potatoes, Hamburger Helper, Rice (2 lb. bags), Jiffy Cornbread Mix, Pancake Mix and Syrup, Cookies, Feminine Products (Pads)*

**Clothes Closet:** *Women's socks and women's underwear size extra large and larger*



## "Growing As Parents Together" begins September 4

Calling all parents who may or may not have it all together

I'm a parent of two kids and some days it feels more like attempting to survive than anything else. I know parenting is a sacred task, yet many moments with my children feel hectic and overwhelming. My first impulse is often frustration and hoping that none of my ugly parenting moments happen in public, rather than remaining a witness to God's unconditional love. Can you relate? Are you raising other humans in your household? If so you are invited to join me on Wednesday nights from 5:30 to 6:30 PM beginning on September 4 for a study through Justin Whitmel Earley's book *Habits of the Household: Practicing the Story of God in Everyday Rhythms*. Through this book and our collective wisdom, we can support one another to become the parents we desire by practically looking at personal and collective family habits that may be working against us. Justin Earley says, "We become our habits, and our children become us." For more information contact [Rev. Drew West, dwest@fayettevillefirst.com](mailto:dwest@fayettevillefirst.com).



## Enhance worship and honor someone with flowers

Flowers often enhance our worship in the sanctuary and provide an opportunity to honor a loved one or share a celebration. We currently do not have commitments for sanctuary flowers on the following dates:

September 1, September 29

Two arrangements cost \$150. Those ordering sanctuary flowers may take both arrangements home or donate one or both arrangements to the Flower Ministry, a ministry that re-arranges and delivers the flowers following worship to brighten the lives of many members and friends. To order, contact the church office.



## Reservations for Fox Theatre due Monday, August 12

Let's take a trip to Atlanta and see the Fox Theatre! Our Senior Adults Going Everywhere will take an architectural and historical tour of the facility -- all while enjoying time together! After we'll enjoy a fun lunch at The Varsity.

DATE: Thursday, August 15

COST: \$15 plus \$2 transportation

DETAILS: Meet at church office 8:45 AM; Depart 9 AM; Tour 10 AM

Sign up and pay in the church office by Monday, August 12, or call 770-461-4313. Also, if you must cancel a reservation, please let us know right away. Questions? [Contact Rev. Charles Robinson](#).



## Youth News

It's hard to believe that Summer is wrapping up and the school year is upon us. A special welcome to our sixth graders. With so many new sixth graders joining us this year, our Youth Team is super excited to get back into our regularly scheduled programming with FFUMC Youth.

Here are some important dates and announcements:

**FRIDAY, AUGUST 16**, 5:30-10 p.m - Movie and Game Night at The Foundry! Snacks provided, come ready to have a good time!

**SUNDAY, AUGUST 18**, 1-3 p.m. in the gym - Rise Against Hunger. All Youth and their families are encouraged to sign up to participate in this church-wide meal-packing event to help combat hunger worldwide . It's always a really fun time!

**WEDNESDAY, SEPTEMBER 4**, 6-8 p.m. - Wednesday Nights at The Foundry resume. This will be the first Wednesday Night at the Foundry of the school year! Unless otherwise noted, we will plan on meeting every Wednesday night for the rest of the school year for fun, games, and Bible study.

**SATURDAY, SEPTEMBER 14**, 11 a.m. 1 p.m. - Minecraft Messy Church! While there are more Messy Churches planned coming up as well (August 17 and October 26), our own Chase Leonard has special requested as many youth volunteers as we can wrangle to help out with this special Minecraft-themed Messy Church service.

**EVERY SUNDAY**, 9:45-10:45 a.m. - Breakfast at The Foundry. Each Sunday we meet for a light (probably not very healthy) breakfast, Bible study, and discussion.

More information will be coming soon about 8th Period (where we pick you up from your school), retreats and events, and what to expect later into the fall semester as the school year goes on.



## UMCOR Feminine Kits collected by UWF District through September 3

United Women in Faith are collecting Feminine Hygiene Kits for the United Methodist Committee on Relief this summer. You are invited to [check the list of needed items](#) and bring any donations to the church office. The collection is from now through September 3.



## FFUMC Preschool can use our help!

Our preschool here at FFUMC could use our help! Please browse our wishlist on Amazon and consider making a donation to our phenomenal group of students and teachers. They're truly the best around and always appreciate your love.

Thank you so much!

Maria Ruhe, Fayetteville First Preschool Director

[https://www.amazon.com/hz/wishlist/lz/SKR8WIF3AVR8?ref\\_=wl\\_share](https://www.amazon.com/hz/wishlist/lz/SKR8WIF3AVR8?ref_=wl_share)



*Photos show how past donations have been used and loved!*

**Don Germano**  
"Mark Twain"  
September 3

## Titus II resumes September 3

Come for the meal, fellowship and a special program by Don Germano, former FFUMC member and good friend to many in the congregation. Don will share his presentation of Mark Twain, the latest in the cast of historic characters he artfully depicts. Make your reservation by calling the church office or Martha Turner no later than Monday, August 26.



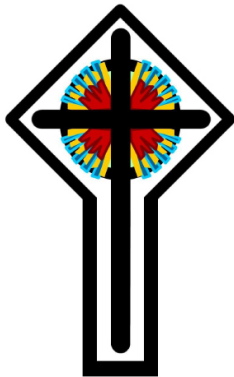
### FFUMC Shawl Ministry:

There are no adequate words to convey to you how touched I was to receive the beautiful shawl! I was moved not only by its beauty, but also by the fact you wanted someone you did not know to receive it. What a beautiful ministry! I can promise you I will wear this shawl often will always send thanks and prayers your way. ... God bless you all!

— Kathy Carter

### FFUMC Flower Ministry:

Thank you to the Flower Ministry group for the beautiful flowers you delivered. This ministry of the church thinks about others and shows care and concern. It means so much to those of us who can't get out. Thank you. — Peggy Groover



## August 4, 2024 Financials

### Operating Budget 2024

Year-to-Date Receipts	\$648,898.24
Year-to-Date Expenses	\$ 685,424.38
Difference	-\$36,526.14

### Benevolence

Benevolence funds received this week \$1,448.00

106 Families Assisted Year-To-Date: Total distributed \$27,535.91

### You can continue your financial support in many ways:

[Online giving: Click here.](#)

Mail check to church or place it in the drop box at the church office.

Use electronic funds transfer with your bank.

### Regular Church Office Hours:

Monday – Thursday 9 a.m. to 4 p.m. (closed 12-1 p.m. lunch)

Closed Fridays

**AA Meetings:** Sundays 3 PM; Mondays, Tuesdays, Wednesdays,  
Fridays, Saturdays 7 PM

**NA Meetings:** Thursdays 7 PM

# inspired ...

## Is Zero Waste possible? We can work toward it!

A Zero Waste Workshop was hosted last weekend by our Georgia United Women in Faith Social Action leader Cindy Hall. It was great to get together with like-minded groups striving to help take care of God's earth. A wonderful presentation was given by the program director of Georgia Interfaith Power and Light which helps support and provide resources for sustainability in faith-based communities.

[Here's some helpful information provided at the conference.](#)



*Fayetteville First UMC conference attendees plus Rev. Hagan and Bishop Dease:  
Nancy Ricciardi, Suzie Lusk, Rev. Scott Hagan, Rev. Allyson Lawrence, Cindy Hall,  
Janet Baileys, Tami Kemberling, Bishop Robin Dease*